

MID MEETING BREAKS

MORNING BREAK OPTIONS

Make Your Own Parfait . . . \$9

Low Fat Vanilla Yogurt, Bananas,
Dried and Fresh Fruit, Berries,
Granola, Nuts, Honey

Healthy Midmorning . . . \$12

Fruit Smoothies
Multigrain Breakfast Bars
Build-You-Own Trail Mix: Almonds,
Cashews, Assorted Dried Fruits,
Chocolate Chunks, Granola

AFTERNOON BREAK OPTIONS

Hearty Station . . . \$12

Assorted Fresh Fruit,
Honey-Grenadine Yogurt Dip, Soft Herb
Cheese Dip, Black Bean Dip, Hummus,
Multigrain Crackers, Pita Bread, Crispy
Crudités

Sweet Station . . . \$11

Ice Cream Bars, Granola Bars,
Assorted Cookies,
Fresh Seasonal Fruit

Ball Park Station . . . \$16

Mini Hot Dogs with Condiments
Popcorn, Peanuts, Cracker Jacks
Mini Pizza Bites

A LA CARTE SWEETS AND TREATS

Assorted Bagels with Cream Cheese	\$30/dozen \$30/dozen
Assorted Breakfast Pastries	\$32/dozen
Assorted Miniature Donuts	\$30/dozen
Assorted Cookies or Brownies	\$2/piece
Assorted Pieces of Whole Fruit	\$2/bar
Granola Bar	
Hot Pretzels with Honey Mustard and Cheese Dipping Sauce	\$30/dozen \$30/dozen
Churros	\$30/dozen
Lemon Bars	\$5/person
Tortilla Chips and Fresh Salsa	

BEVERAGES

Lavazza Brand Regular or Decaffeinated Coffee	\$25/gallon
Hot Tea	\$25/gallon
Assorted Fresh Fruit Juices	\$25/gallon
Bottled Water	\$2/bottle
Assorted Cans of Soda	\$2.50/can